



BUNGALOW HEAVEN™

NEIGHBORHOOD ASSOCIATION

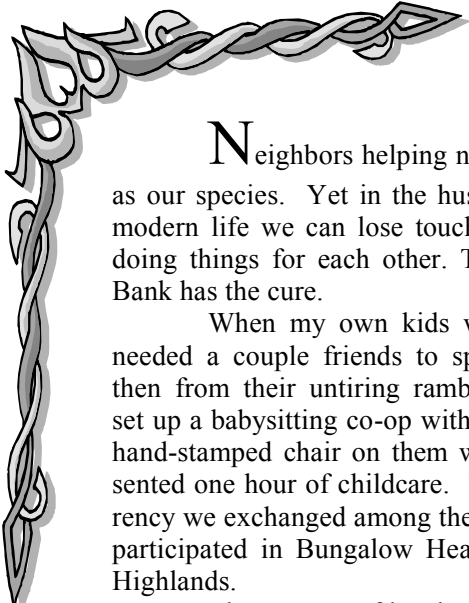
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DECEMBER - FEBRUARY 2010-2011

ARROYO TIME BANK

By Therese Brummel



Neighbors helping neighbors is as old as our species. Yet in the hustle and bustle of modern life we can lose touch with the joy of doing things for each other. The Arroyo Time Bank has the cure.

When my own kids were small and I needed a couple friends to spell me now and then from their untiring rambunctiousness, we set up a babysitting co-op with 3x5 cards with a hand-stamped chair on them which each represented one hour of childcare. That was the currency we exchanged among the six families who participated in Bungalow Heaven and Historic Highlands.

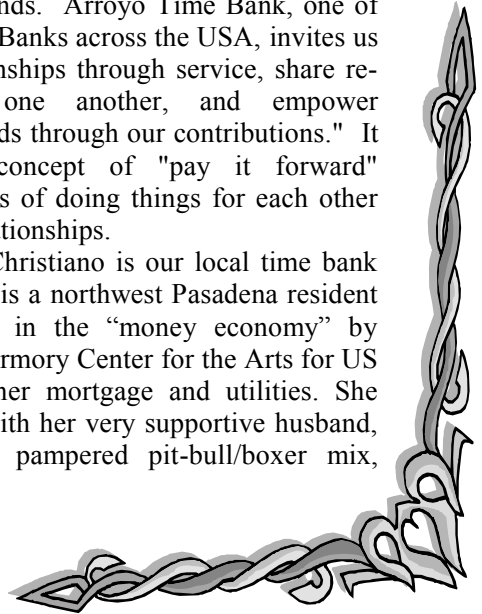
The concept of local currency is making a comeback with the goal of keeping money and resources in our local communities rather than pouring out into the coffers of distant corporations. It is a way of becoming more locally self-sufficient, but more importantly, resilient in these trying economic times. Plus, it has an added benefit--the good feeling that reciprocity brings. As Time Banks USA founder Edgar Cahn says, "If we incorporate genuine reciprocity in all that we do, there will always be enough for everyone. And each of us will be there to come to each other's aid so that good works, good people, and good organizations can thrive."

The Arroyo Time Bank is a 2010 version of our 1980's cooperative reaching far beyond just childcare as a service to be rendered. It is a collective of residents from Pasadena, and surrounding neighborhoods, who exchange time and skills with one another to transform the community.

Time Bank members use the website to list the services they wish to exchange, and log the hours they spend helping and being helped by neighbors. Hours of service are entirely tracked on line. Anyone can join, and a wide array of services can be offered or sought. Since I joined, I have accrued quite a few hours doing something I thoroughly enjoy for someone I previously did not know: creating virtual photo albums. I have spent my accumulated hours on a landscaping consultation and a haircut, and I found someone who will lend me a roto-tiller for no charge at all. I had three folks step up when I asked for help with a computer program.

The 150 current members are as diverse as the talents they possess. There are writers, artists, educators, business owners, skilled workers, students, optimists and others working for positive social ends. Arroyo Time Bank, one of at least 60 Time Banks across the USA, invites us to "build relationships through service, share resources with one another, and empower our neighborhoods through our contributions." It promotes the concept of "pay it forward" and the pleasures of doing things for each other in reciprocal relationships.

Janine Christiano is our local time bank moderator. She is a northwest Pasadena resident and participates in the "money economy" by working at the Armory Center for the Arts for US dollars to pay her mortgage and utilities. She shares her life with her very supportive husband, Guy, and their pampered pit-bull/boxer mix, Chloe.



Restaurant Review: Roma Holiday

By
Jennifer
Errico



Standing in front of a case of meat and cheese I was at a loss. Over 50 cheeses and maybe that many meats, I had no idea what to ask and I began to wish that I had brought my husband who worked in an Italian deli.

"How many people?" a smiling man behind the counter asks. I later learn his name is Rosario. "Four" I answer. "I've been doing this for 60 years," he says, "I'll take care of you." And that's what he does and has been doing since coming to Pasadena from Italy in 1955. Originally in a house on the corner of Lake Avenue and Mountain Street, (there is a photo of the house behind the counter where Rosario sits) the Roma deli is now in a tidy strip mall at the same location. I guess you could go in and ask for specific items at Roma, but why? Just tell Rosario what you are making (grilled cheese sandwich, pasta...) or how many people you are having and he'll take care of it.

Along the way you get to taste everything and once I got started I wanted to taste *everything*. I ended up with a delicious prosciutto and great salami. My three year old was with me. Rosario picked up some mortadella laced with pistachio. He says "the kids will eat this up." At the store, my daughter would have none of it, but at home we couldn't keep it away from either of our kids. They each made three sandwiches.

For three meats and two cheeses to feed four, along with a loaf of bread (and two ice cream sandwiches), I paid under \$15.

While Rosario is the star, the rest of the market is worth a look, too. They have a nice selection of pasta, olives and olive oil. The produce is fresh and nicely priced. The bread, which we were told is freshly baked, was the perfect complement to the meal.

On my next visit I'm going to let Rosario make me a sandwich, which I have been hearing about since my visit. One friend said all you have to do is walk in and ask for "the sandwich" and it'll be the best you ever tasted. With Rosario behind the counter, I believe it.

Roma Italian Deli and Grocery
918 N Lake Ave Pasadena, CA 91104
(626) 797-7748

Are You a Poet? We'd like to know it!



The Bungalow Heaven Newsletter is looking for a few good Haiku! We are holding a Haiku poem contest.

The winners will be posted in the Spring 2011 edition of the newsletter.

The amount of winners will depend on the entries and space.

The Rules:

1. The first line must have five syllables, the second line seven syllables and the third line five syllables.
2. The topics for this contest are Spring, Pasadena, or Bungalow Heaven.
3. All entries must be received by Friday, February 4, 2011.
4. No age limit.
5. Enter as many poems as you like!

That's it!

Submit your entries by email to:
newsletter@bungalowheaven.org

Here's one about Winter to inspire you:

A trip to the past
I'm home for the holidays
I think I'll make some fudge





UPCOMING EVENTS IN THE AREA...

DECEMBER

HOLIDAY OPEN HOUSE:

Mary, not Martha

1323 N Hill Ave, Pasadena, CA
626-794-1950

Sunday, December 12, 12:00 pm - 7:00 pm

Cookies and hot cider will be served. This new shop offers sewing, millinery and craft supplies as well as a small selection of handcrafted jewelry, felted handbags, bridal accessories and consigned clothing.

UNIQUE LA'S 3RD ANNUAL HOLIDAY SHOW

Saturday, December 11, 11:00 am - 6:00 pm
\$10.00

California Market Center
110 E 9th St, Los Angeles, CA 90015
<http://uniquela.com/>

Shopping from the best local designers from LA and beyond. Free drinks & a hosted bar (IZZE, Honest Tea, water, beer, wine+). Unlimited re-entry for both days, collectible tote bag, free eco workshops and cool handmade activities all weekend, brought to you by Your Daily Thread and Quayside Publishing.

Bungalow Heaven Christmas Caroling

Tuesday, December 12, 6:30 pm
bhna@bungalowheaven.org

Meeting in McDonald Park, at the corner of Bell and Mar Vista. Come join us for our annual tradition of caroling throughout the neighborhood.

Morning Movie Classics: A Christmas Story, 1983

Thursday, December 16, 10:00 am
Crowell Public Library, Barth Community
1890 Huntington Drive, San Marino, CA
Free admission & complimentary popcorn
626-300-0777, <http://www.crowellpubliclibrary.org>

Ornament Making

Saturday, December 18, 2010 at 10:00 am - 12:00 pm
\$12.00 - \$14.00

The Arboretum, 301 N. Baldwin Blvd Arcadia, CA
626-821-4623, <http://www.arboretum.org>

Go green during the Holidays and decorate your holiday tree with recycled items. Find out how you can make ornaments out of light bulbs, toilet paper rolls, CDs as well as natural materials found at the Arboretum.

Snow Days!

Sunday, December 26, 27 & 28, 2010 at 10:00 a.m. - 5:00 p.m.
Free with Kidspace Children's Museum admission
480 North Arroyo Boulevard, Pasadena, CA
626-449-9144, <http://www.kidspacemuseum.org>
It's a winter wonderland! Get your mittens, jacket, and hat ready to play in real snow at Kidspace. Winter crafts including snowflake making, cookie decorating, pinecone ornaments and more!

JANUARY

Post-Parade Float Viewing

January 1-2, 2011
877-793-9911

www.tournamentofroses.com

Marvel at the floral masterpieces of the Rose Parade®, exhibited along Sierra Madre and Washington Boulevards.

"New Town: Convergences"

The Armory Center for the Arts
Ends January 9, 2011

Tuesday-Sunday, 12:00-5:00 pm
\$5 suggested donation

145 N. Raymond Avenue, Mezzanine Gallery
<http://www.armoryarts.org>, 626-792-5101 x122

In one of New Town's most ambitious gallery shows, eleven digital and media artists appropriate the ubiquitous tools of their media into cutting-edge, highly personal, curiously accessible experimental art forms. The exhibition will feature work by artists Nancy Buchanan and Ismael De Anda, Claudia Bucher, Robert Ladislav Derr, Heidi Kumao, Katja Loher, Lisa Mann, Anne Oren, Steve Shoffner, Rachel Siegel, Trixy Sweetvittles, and Laura Yilmaz.

FEBRUARY

39th Annual Camellia Show

February 13, 2011

The Huntington Library, Art Collections and Botanical Gardens
626-405-2100, www.huntington.org

Participants from around the southland display their prize-winning blooms. Demonstrations will be conducted and a wide selection of plants will be available for purchase.

Black History Parade & Festival

February 19, 2011

Jackie Robinson Center
626-791-7983

Join in this celebration featuring food and merchandise booths, a children's play area, and a Black Inventions museum.



How to Restore a Wood Door

By Mary Gandsey



With the holidays upon us and many visitors at our door, it seemed appropriate to get some advice from Bungalow Heaven's resident paint stripper and wood restorer. Mary Gandsey has lived in Bungalow Heaven since 1984. She has been restoring wood since 1981 and has restored the wood of many houses in Bungalow Heaven. To contact Mary: (626) 797-3090, mgandsey@gmail.com, www. wood-restoration.com Note: the picture above is not of Mary's work

Stripping paint from wood doors and moldings requires several tools and supplies: 1) Heat Gun. 2) A gallon of commercial chemical stripper. 3) a plastic container with a large opening to hold stripper. 4) A 3 inch bristle brush. 5) A stiff metal scraper. 6) A retractable razor blade scraper. 7) A utility knife. 8) Sand paper - #150 and #220 grits. 9) A bag of #3 steel wool. 10) Gloves – leather and neoprene. 11) Protective goggles. 12) An empty bucket for stripper & paint residue. When removing paint from any wood surface in your home, be sure to ventilate as well as possible: open windows and doors; put a box fan in one window to blow fumes out.

The next step is to put on your respirator with double filters – one for fumes, the other for particulates. Then put on leather gloves. Now, plug in your heat gun and turn it on. As soon as the coils get hot, train the heat on the wood to be stripped. After 5-10 seconds, when the paint begins to bubble, place the stiff metal scraper on the wood at little less than a 45 degree angle, and begin to move along the surface, keeping the heat concentrated slightly ahead of where you are working. This will allow you to remove a continuous strip of paint for a distance you can comfortably reach. If you notice your scraper

beginning to gouge the wood, stop. Lift your scraper and remove that section of paint by using your scraper in the opposite direction. When you resume, adjust the angle of your scraper to prevent further gouging. *Note: You must pay attention to the amount of time the heat source is directed at the exposed wood. Scorching is always a danger.*

To completely clean wood surface after heat, generously brush on chemical stripper, covering as much surface as you can clean in about one hour. If you notice stripper drying out, re-apply to keep surface moist.

After stripper has been working 5-10 minutes and paint or varnish has begun to bubble, use your razor blade scraper to see if finish scrapes off easily. If so, continue scraping, putting residue in empty container. If not, wait a few more minutes for stripper to be optimally effective. When using the razor blade scraper, place the blade on the wood surface at a nearly perpendicular angle and pull the blade over the surface in the direction of the grain of the wood. Use your utility knife to carefully remove paint and varnish from crevices.

After all the paint and stripper have been removed from the wood, rub the surface with #3 steel wool to remove any residue, taking care to rub with the wood grain. At this point, sand all surfaces with #150 grit sand paper. A light sanding is usually sufficient. When you are satisfied that the surfaces are sanded enough, vacuum all loose dust from the surface.

Now apply your chosen stain. If you wish the color to be darker than is achieved with one application, you may either apply additional coats of stain, or purchase tubes of pigment at the paint store to saturate the purchased stain with color so the staining process can be done in one step. *Caution: Application of multiple coats of stain obscures the grain slightly with each additional coat.*

Brush stain on with a natural bristle brush and wipe excess off with a lint-free cloth. Work in small sections – whatever you can get done in 5-7 minutes. The stain is hard to remove after it begins to dry. The time window is even shorter on hot days. Staining will highlight any paint left on or in the wood. If you have been diligent in the previous steps, do not be alarmed at the appearance of the wood at this point. How to handle these paint specks will be discussed later.

Now it's time to apply your finish. You may choose Watco Danish Oil, Varnish, Tung oil Varnish, Shellac, etc... I do not recommend polyurethane because of the artificial appearance it gives the wood.

This is the time to deal with those flecks of paint left in the wood. Supersaturate about one ounce of your stain with pigment. You want the color to remain the same, but the opacity to change so defects are covered. Using an artist's brush, dab a bit of this mixture onto each paint spot and crevice with remaining paint.

Using #220 sand paper, lightly sand all surfaces. Take care not to press on corners and edges of wood, as this will remove stain. After completing this sanding, again vacuum everything and wipe with a tack cloth. Apply your final coat of finish and you now have beautifully restored wood.

STREETCARS OF PASADENA

By Brian Marchetti

The City of Pasadena's General Plan update will set a course for, amongst various other elements, future land use patterns and new circulation options such as bikeways and reworked transit routes. It is interesting during this process to look back and remind ourselves just how extensive the local Pacific Electric railway network, known for the "Big Red Cars", was within Pasadena. Local history buffs know that it was the largest interurban electric railway network (more than 1,000 track-miles) in the world. Real estate tycoon Henry Huntington, nephew of the founder of the Southern Pacific railroad, established the railway in 1901. During the 1920s, lines were extended to Pasadena and other outlying areas but the later coming of the auto age assured its complete demise by the 1960s.

The map portion shown below is an amazingly detailed and valuable snapshot of our past, drawn by the late Ray Younghans. Ray's drafting talents, attention to detail, and passion for history (he had a railway car in his backyard) were featured throughout Ira Swett's "Interurbans Specials" book series. Of particular note is the "Horse Car Barn" near Lake & Orange Grove and the procedures to avoid runaway cars off the Mount Lowe line. Overall, the map provokes much thought about our current effort to define our future mobility and our land use focus as the General Plan update is finalized in 2011. The framework of our transportation system has evolved greatly since then. What evolution will take place during this century?

