



BUNGALOW HEAVEN™

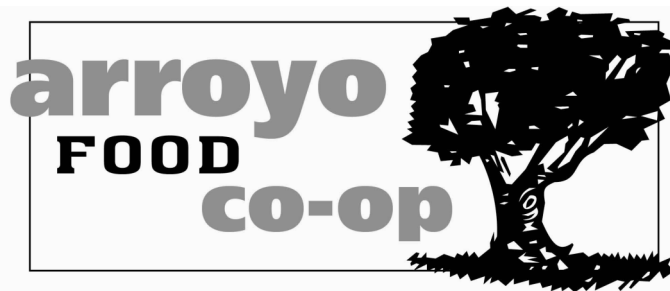
NEIGHBORHOOD ASSOCIATION

P.O. BOX 40812 ● PASADENA, CA 9114-7812 ● 626-582-2172

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SEPTEMBER-NOVEMBER 2010

HAVE YOU HEARD ABOUT THE ARROYO FOOD CO-OP?



A HOMEGROWN COMMUNITY MARKET

By Molly Marchetti

Bungalow Heaven resident Therese Brummel is involved in helping to bring a healthy grocery store into being in a neighborhood close to Bungalow Heaven. She has joined the Arroyo Food Co-op, a group of people interested in establishing a community-owned grocery store in the Pasadena/Altadena area.

The Arroyo Food Co-op's efforts started in 2008. The founders agreed on strong core ideals: they wanted to create an area grocery store that would offer locally grown, sustainable, seasonal and organic food.

The Co-op's mission statement expresses, in part, a desire "to engage the ecologically aware hearts, minds and stomachs of our area by offering the most earth-friendly grocery products and services available [and to] consistently search for better offerings and to support suppliers who are working toward the same goals."

To spread the word, Patrick Reagan, the leader of the effort, holds "office hours" in local coffee shops. He can also be found at the Victory Park farmers' market and in interested individuals' homes with an engaging and educational presentation.

In fact Therese was so motivated to make this happen that she hosted an in-home event to promote the Co-op. "When I got wind of [the Arroyo Food Co-op] a few months back, I

on board. I want to improve the health of the planet one plastic bag, one chemical and one gallon of gas at a time," she explained.

"It is a mindset that I see represented in Bungalow Heaven by people who respect the traditional hand crafting of old homes, who are changing their lawns into drought-tolerant plots, who want the trees preserved to keep a healthful quality of life, and who are composting to minimize landfill. Improving the way we produce, obtain, and eat food including how we deal with excess food and waste can help sustain this planet for future generations.

"In getting to know these folks, who can generally be found Thursday evenings at informal 'office hours' at Zephyr Coffee, or alternate Saturdays at the farmers' market, I have learned that LA County has only one food co-op, Co-opportunity, which is located in Santa Monica. By contrast, Minneapolis, with only a quarter of our population, has eleven! The growing national trend for start-up food co-ops shows that people want to take charge of where their food comes from and how it is produced, packaged, and transported.

"I love Trader Joe's, but will look forward to fewer of the plastic clamshells and shrink-wrapped Styrofoam containers filling my recycle bin. I am reminded of Margaret Mead's quote, 'Never doubt that a small group of concerned citizens can change the world. Indeed, it is the only thing that ever has.'"

When the Arroyo Food Co-op opens its doors, the store will be open to the public, not just members. The founding team has spent a lot of time studying other co-op successes and failures and are determined to make their idea work.

The Arroyo Food Co-op is a California Consumer Co-operative Corporation. You can download their bylaws and business plan as well as get more information on their website: www.arroyofoodcoop.com. If a presentation by The Arroyo Food Co-op is something that you'd like to see at an upcoming Bungalow Heaven General meeting, please send an email to: newsletter@bungalowheaven.org, and it will be passed along to the powers that be.

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Have an idea for a newsletter article? I'd love to hear about it. This is a neighborhood newsletter that is best done by many folks in the neighborhood. Articles about bungalow restoration, home improvement, local fun, Pasadena stories, history and anything relating to bungalow living are all great topics. I'm sure the neighborhood would also love to hear what the kids have to say. Email your ideas and/or proposals of ideas to: newsletter@bungalowheaven.org.
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LOOKING FOR SOME GOOD NEIGHBORHOOD EATS - HEAD NORTH

By Jennifer Errico

I love falafel. There's nothing like savoring a bite of the deep-fried chickpea treat. I've tried the spicy balls all over town, the good, the bad and the indigestion-causing kind - turns out one of my favorite falafel joints is right up the street at Lebanese Kitchen.

While it may want for ambience, this little gem of a restaurant, located just west of the Hill Avenue-Washington Boulevard intersection, is definitely worth a visit. Lebanese cuisine - for the novices - includes pitas, rice, vegetables and meat, usually seasoned with garlic, olive oil and lemon juice.

We typically begin with olives and feta cheese, and humus and pita while looking over the menu. Another good appetizer is babaghanouj (a spread consisting of eggplant, olive oil and garlic), which I love to say, and is very tasty.

The kids love the chicken kebab with rice pilaf. Not the most adventurous choice but neither is mine: The shawerma plate. Shawerma is slow-cooked beef topped with onion, tomato and served with tahini sauce. The restaurant also offers lamb dishes, which we haven't tried but are a Lebanese specialty. To really get in the spirit order the Than, a yogurt drink, or the Middle Eastern coffee.

Although we tend to go there for dinner, Lebanese Kitchen also has a good lunch menu.

The biggest complaint about Lebanese Kitchen on the local foodie websites is how long it takes to get the food. That's why I recommend phoning in your order. We usually call and then walk up to the end of the block to pick it up. The dining room is clean and the service is fine, but you aren't missing anything by enjoying the food at home.

While you are up on Washington, swing by some of the other great shops. There are two bookstores, a fabric and gift store and - a favorite of mine - Paintbox Kids, a children's art studio. They have open studio where kids can paint, collage and have a great time. The best part: Someone else cleans up.

Lebanese Kitchen ** 1384 Washington Blvd. ** Pasadena, CA 91104 ** (626) 296-9010



WHO NAMED THIS FINE CITY?

By Brian Marchetti

Did you know of Pasadena's historic connection to Indiana? Or did you know that the local post office may have offered the first encouragement for a formal town name?

In the days of Spanish rule, the Pasadena area was part of Rancho el Rincon de San Pasqual, a northeast section of the San Gabriel Mission (founded in 1771). Spanish rule ended in 1821, and during later colonization of the western United States, the area was eventually developed as the "Indiana Colony" by colonists from the State of Indiana.

Eventually, the Indiana Colony name had to go. The post office department demanded a replacement name, once the colonists felt the time was right to develop a post office. There was great sentiment that the small colony could someday become a "village," or even a "town". Well, their foresight was right! The question spread among the colony and a meeting was called to discuss the issue at the schoolhouse in April 1875.

The question of a proper name for the Colony created much discussion. Names were offered that included "New Grenada" and "Indianola". The latter was held in high regard by the Hoosiers from Indiana. Alternatively, it was also thought by some that a Native American name would be more appropriate. Help was solicited from back east, from an acquaintance of one of the colonists. This acquaintance had been a missionary among the Indian tribes of Minnesota and offered the name Pasadena. The colony stockholders took up the naming issue in Northport, Michigan, with seventeen voting in favor of Pasadena and four against it.

The exact meaning of the word? The "Crown of the Valley" is thought to have the best interpretation. The appropriateness was backed up by a local hacienda name of "Llave del Valle" or "Key of the Valley", which was said to have been in a location where the owner could take note of the cattle passing from one part of the ranch to the other. This ranch was also on the route between Missions, with the road between San Gabriel and San Fernando passing through it.

The word Pasadena literally means "valley" in the Ojibwa (Chippewa) Indian language. The name was applied here, although the Chippewa Indian Tribe bands have origins near the Great Lakes and Canada. The various interpretations, however, have been eternalized in the City seal, where both a crown and a key are present. And...why is there a Pasadena in Texas? Pasadena, Texas was named after Pasadena, California because founders of the later city felt that the areas resembled each other.

Much of this article was excerpted from "Pasadena, California Historical and Personal, A Complete History of the Organization of the Indiana Colony", by J.W. Wood, 1917, self-published.



UPCOMING EVENTS IN THE AREA...

SEPTEMBER

Family Art Night: Gluing Forms

Friday, Sep 10, 6:30p to 7:30p

Norton Simon Museum, Phone: (626) 449-6840

See how modern sculptors use marble, bronze, steel and fired clay to make abstract sculptures, and then express your inner artist as you design three-dimensional collages.

Family Day: Creating A Scene

Saturday, Sep 11, 1:00p to 2:30p

Norton Simon Museum, Phone: (626) 449-6840

Be dramatic or comedic as you pen an idea for a play, and then create a set design inspired by painters who were trained in set, interior and garden design centuries ago.

Stories in the Afternoon: Back to School

Sunday, September 26, Time : 2:00 p.m. - 3:00 p.m.

Norton Simon Museum, Phone: (626) 449-6840

Hear tales about the ABCs of being a student, and then design your own book bag in front of Francisco de Zurbarán's Portrait of Fray Diego Deza, c. 1630.

OCTOBER

Garfield Heights Home Tour

Sunday Oct 5, 12:00p to 5:00p

Garfield Heights is located north of the

210 (Foothill) Freeway between Marengo and Los Robles.

Advance tickets \$12 (postmarked by Sept 20) , \$15 at door,

\$10 for groups of 10 or more, Children are Free

GHNA, P.O. Box 90322, Pasadena, CA 91109

Advance tickets at Will Call beginning at 11:45 am on tour day.

Pasadena Art Weekend

Friday, Oct 9, 6:00p to 10:00p

Saturday, October 10th 11:00 a.m. – 5:00 p.m.

FREE

They will be displaying art, music, and unique artifacts throughout the city. There will also be free shuttle service from location to location.

The centers that will be participating are: Kidspace Children's Museum, Norton Simon Museum, Armory Center for the Arts, Pasadena Symphony Association, and One Colorado to name a few.

On October 10th come down and explore Pasadena's Art Walk, on El Molino between Colorado and Green St.

JIGU! Thunder Drums of China

Friday, Oct 15, 8:00p

California Institute of Technology: Beckman Auditorium

Price: Adults \$19/\$24/\$29; Youth \$10, Phone: (626) 395-4652

19TH Annual Craftsman Weekend

Furnishings & Decorative Arts Show and Sale

Saturday, Oct 16 -9:00a to 5:00p

Sunday, Oct 17 10:00a to 5:30p

The Pasadena Convention Center, Exhibition Hall B

300 East Green Street, Pasadena, CA 91101

Ticket price: \$10 - Tickets go on sale August 2

Juilliard String Quartet

Sunday, Oct 17, 3:30p

California Institute of Technology: Beckman Auditorium

Price: Adults \$24/\$38/\$45; Youth \$15 , Phone: (626) 395-4652

This Coleman Chamber Music concert will include works by Haydn, Bartok, and Brahms

Start! Los Angeles Heart Walk

Saturday, Oct 23, 8:00a to 12:00p

Rose Bowl Stadium, Price: Free

Featuring: 5k walk, Wellness Festival with health screenings, food, Kid Zone, music, giveaways and more.

HALLOWEEN EVENTS

Descanso Gardens Pumpkin Roundup

Saturday, Oct 24, 9:00a to 5:00p

1418 Descanso Drive, La Canada

There will be costume parades at 10 & 11 a.m. followed by sing-alongs, face painting and a pumpkin decorating station (pumpkins will be available to purchase). There will also be pony rides to take you through the magical Harvest Garden (\$3 per ride).

South Pasadena Halloween SPOOKtacular

Friday, Oct 30, 5:30p to 7:30p

Orange Grove Park – 815 Mission Street, South Pasadena

There will be a costume parade, terror-ific carnival games, balloon artists, face painting, arts & crafts, live entertainment and candy to sink your fangs into! Prizes and goodie bags will be available while supplies last. The event is free and there will be a variety a food available for purchase.

Old Pasadena's Halloween Celebration

Old Town Pasadena – Saturday, Oct 31, 12:00p to 12:00a

Old Pasadena and One Colorado store-to-store trick or treating 4-7pm, free haunted photos, an Old Town haunted house and a meet and greet with popular Halloween costumed characters.

NOVEMBER

The JUNO Mission to Jupiter

Thursday, Nov 11, 7:00p, Free, Jet Propulsion Laboratory

4800 Oak Grove Drive, Pasadena, CA, Phone: 818-354-4321

for more information visit: <http://www.jpl.nasa.gov>

Peering down through the clouds and deep into Jupiter's atmosphere, Juno reveals fundamental processes of the formation and early evolution of our solar system. Using a solar powered, spinning spacecraft in a highly elliptical polar orbit skimming within 3000 miles of the cloud tops, Juno avoids Jupiter's highest radiation regions.

Gingerbread Houses Cooking Class

Saturday, Nov 20, 10:00a, Pasadena's Langham Huntington

1401 S. Oak Knoll Ave., 800-588-9141

Pastry Chef John Quinn will lead the series of children's cooking classes, teaching kids between the ages of seven and 12 to become pastry chefs for the day and explore different culinary creations. Chef Quinn will begin each class with a kitchen tour and safety lesson, and will then teach the young aspiring chefs.

Pasadena's Best Kept Secret...

By Therese Brummel



Nominees for Pasadena's best little-known treasures might include: the specialty museums, the farmers' markets' bounty, the Colorado Street bridge and its mysteries, the alleyway pubs, mortuaries reborn as wonderful places, nearby JPL's once-a-year open house, and Cal Tech's private-reserve olive oil.

But the best-kept secret is the Pasadena Sister Cities program. After WWII, President Eisenhower established Sister Cities International to foster cross-cultural understanding and enhance peacemaking foreshadowing the idea of the global village. More than 1,000 cities across the US and another nearly 2,000 cities around the globe are involved. Pasadena now has five sisters: Ludwigshafen, Germany; Mishima, Japan; Jarvenpaa, Finland; Vanadzor, Armenia and most recently, Xicheng District, Beijing, China. Our city exchanges students age 17-24 with the first four of these cities for a four- to six-week stay with host families. The cost? Only their airfare and a promise to help arrange housing here for the foreign visitor.

In 2002 our daughter, Miriam, was about to turn 17 and decided she must visit Japan. We attended a Sister Cities meeting, then she submitted her application and essay and was selected to be one of three to visit Mishima that summer. We sent her off with Bungalow Heaven caps, bags and tees for her omiyage, a gift-giving custom in Japan. She was welcomed with such graciousness by four families, staying one week in each home. The families took her to wonderful temples and gardens, to the seacoast and Mt. Fuji, to Tokyo by bullet train, and most memorably to a traditional town festival with costumes and musical floats and amusements such as trying to catch somen noodles with chopsticks in a water chute! The families were pleased to practice English conversation in their homes, and Miriam was paid a stipend to be a teacher's assistant a few hours each week in conversational English classes.

That same summer we were delighted to have Mayumi, a student from Mishima, stay with us for a week. The lasting gift, however, comes over time. We have been visited by members of Miriam's host families and have gratefully shown them our beautiful city. Last year we were invited to the wedding of Yasuhiro in Mishima. We feel that we have friends on the opposite side of our planet! The mission of Sister Cities International, to foster peace and understanding between countries, is as pertinent today as at its inception in 1956. If you don't have a son or daughter to send abroad, you can bring a little bit of Japan or Finland or Germany or Armenia to your home. All you need is a free bed and an interest in personally fostering the cultural exchange with young people who will lead our world in generations to come. Check out www.pasadenasistercities.org. Deadline for applicants is in December.



Addendum to Biography of Russell Hobbs

By Russell Hobbs

I am humbled and appreciative for all of you to think so kindly of me in asking Elizabeth Neaves to interview me. I am further appreciative that you published it in the Bungalow Heaven Home Tour Guide and then in the Newsletter.

In the final editing however, two significant parts of my life were omitted. I was going to let them pass, but my wife Evelyn encouraged me to write this letter. Since the significant elements of the omission are contained in the interview by Elizabeth Neaves, it probably would be most appropriate to use her words contained in her interview. However, should someone wish more detail, the following version is offered.

"While students at UC Berkeley, a fellow student Dan and I saw a house another student had built. Anxious to exercise our 'skills' as architectural students and planning to one day sell for a sizable profit, and repay our parents for the funds they loaned us, we each proceeded to build our own adjacent homes. Of special note, each built our own house with only limited help from classmates and using no power tools. As we now tell our friends, we made just about every mistake in the books. However, over many months of summer vacations, holidays, between classes and weekends, we both finished our homes sufficiently for our families to move in.

Then, just having completed my finals, I received a summons to be recalled to active duty in the army. (I had joined the Volunteer Reserves to maintain my latest specialty of supply officer.) After serving as Assistant Post Supply Officer at now Vandenberg Air Force Base, I was ordered to Korea. I moved my wife, (and by now two children), to Riverdale, Georgia to be with her family, During my thirty day leave, I remodeled her sister's garage into an apartment. I reported for duty, assuming the duties of what I had last been assigned at the end of WWII in supply. Not too surprising, I ended up on the front line of Korea as a rifle platoon leader in the winter of 1952. After spending 9 months on the front line, in combat conditions, I finally returned home."

A briefer version might be:

"While attending UC Berkeley, married with one child, Russ built a house mostly by himself with no power tools. Having just passed his final exams, he was recalled to active duty in the army, and spent nine months as a rifle platoon leader and later a pioneer and demolitions platoon leader on the front line in Korea."

THE PARTY ON THE COLORADO STREET BRIDGE

On July 10th, Pasadena Heritage presented the Party on the Colorado Street Bridge. Bungalow Heaven residents were there with a cookie decorating table. We had help from some industrious Boy Scouts. The turnout was excellent and the weather was wonderful and cool. As in past years, there was a mini antique car show. This year our own Bungalow Heaven residents, Richard Quirk and Paul Ramirez, showed their restored 1976 MG Midget in the car show. There were live bands, lots of free fun for the kids and some excellent food. We hope to see you all there next year!



Photos by Jim Staub and Brian Marchetti

